

STUDY AT
THE NO.1
GROWING UNIVERSITY
IN HIMACHAL PRADESH



CPUH MONTHLY E-NEWSLETTER

June 2023, 8 (06), 01-16

(A Monthly E-Newsletter of Career Point University, Hamirpur)



CPUH E-NEWSLETTER

June 2023

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(A) Events & Activities

1. Dr. Ram Avatar Meeting with Central Minister of AYUSH:

On June 3rd, 2023, a discussion on promoting the integration of Yoga and Ayurveda took place. The meeting involved Dr. Ram Avatar, a professor at Career Point University, and the Central AYUSH Minister, Sarbananda Sonowal. The focus of the discussion was to enhance the practices of Ayurveda, Naturopathy, and Yoga. Additionally, conversations revolved around the upcoming publication of a book "Indian Culture Science."

Collaborative efforts involving the Ministry of AYUSH, the World Yoga Federation, the Prem Sukh International Charitable Trust, and various other organizations, and the University, have been dedicated to the advancement of Yoga and traditional healing systems such as Ayurveda within the state. Notably, the University has established a Center for Yoga and Naturopathy under CPYU-UGC. The university's new educational policy also includes provisions for imparting education in Yoga, Ayurveda, and



2. Environment Day Celebrations:

On June 5th, 2023, Career Point University in Himachal Pradesh commemorated World Environment Day. This annual global event, observed on the 5th of June each year, is dedicated to curbing environmental pollution through tree planting initiatives and addressing ecological concerns. In the relentless pursuit of modernization, pollution on Earth escalates yearly, leading to detrimental consequences. On this occasion, a range of programs are meticulously orchestrated to foster environmental awareness and highlight the detriments posed by pollution.

Dr. Aarti Sharma and Dr. Priyanka, the program coordinators, informed that the University inaugurated the Botanical Garden with distinguished guests of honor, including Prof. (Dr.) H. R. Sharma, the Dean Academic, and Dr. Naveen Thakur, the Dean of Student Welfare. During the inauguration, they emphasized the significance of each individual contributing by planting at least two or three plants to counteract the environmental challenges.



3. Three-day 10-meter Air Pistol and 10-meter Rifle Shooting Championship Inauguration :

On June 9th, 2023, the three-day 10-meter Air Pistol and 10-meter Rifle District Hamirpur Shooting Championship was inaugurated at the sports campus of Career Point University. Dr. Sanjeev Sharma, the esteemed Vice-Chancellor of the university, graced the event as the chief guest. This championship provides a platform for shooters across different age groups within



the district to showcase their skills. Mr. Kundan Lal, the coordinator, stated is scheduled to take place at the university's sports campus, featuring events in the 10-meter Air Pistol and 10-meter Rifle categories. Notably, this championship is set to witness participation from approximately 100 competitors representing various districts within the state.

4. Shooting Competition :

On June 11th, 2023, a Shooting championship was organized in collaboration with the Hamirpur Rifle Association at the sports campus of Career Point University. This event marked a significant milestone as the first district-level shooting championship in Himachal Pradesh, pioneered by Career Point University. A number of participants hailing from different districts enthusiastically partook in this championship. Notably, even participants with hearing and speech impairments engaged in the competition, showcasing inclusivity. In a remarkable feat, Komal, a talented markswoman with a disability from Bilaspur District, secured the prestigious gold medal. The competition



spanned various age categories, leading to the triumphant acquisition of 24 gold medals, 24 silver medals, and 24 bronze medals by the participants. Captain Dhyan Chand Sharma, an esteemed figure, graced the event as the chief guest. His presence was marked by not only his support but also his contributions, including financial aid and the provision of a rifle to bolster the shooting range facilities at the university. Honorable vice-chancellor Dr. Sanjeev Sharma of Career Point University made a significant announcement, pledging the university's backing for Komal's higher education in recognition of her exceptional talent. Dr. Sharma emphasized that participation holds greater importance than the outcome of victory or defeat. He fervently encouraged the participants to steer clear of addictive habits, highlighting the importance of a healthy lifestyle.

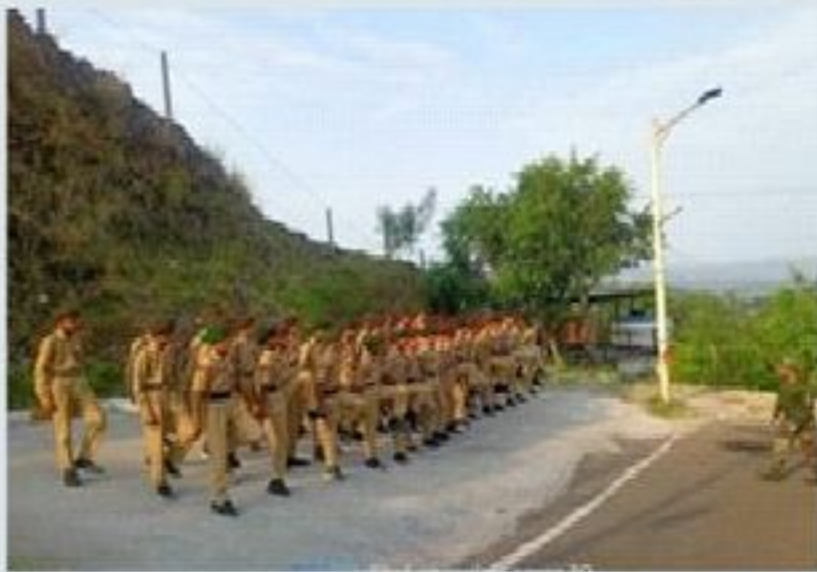
Expressing profound gratitude, the Vice-Chancellor extended his appreciation to the State Rifle Association for their partnership in making the event a resounding success.

5. NCC Training Camp at Career Point University Hamirpur :

On June 14th, 2023, the inauguration of the 10-day NCC Training Camp, Batch 126, took place at Career Point University in Hamirpur. The event, led by Colonel Rawat, marked the commencement of the camp. A total of 523 NCC cadets from 19 schools and colleges participated in this batch. The camp was scheduled to run from June 13th, 2023 to June 22nd, 2023. A diverse range of activities including drill exercises, weapon training, map reading, yoga, cultural programs, and sports were organized for the cadets. During his address, Colonel Rawat underscored the importance of discipline and highlighted that the lessons learned from the camp would contribute significantly to the cadets' mental and intellectual growth. Following the inauguration, a guest lecture was arranged, featuring Inspector Harish Kumar Guleria from the Himachal Pradesh Police. He elaborated on cybercrime and drug abuse, providing in-depth information on preventive measures. On the 5th day of the camp, NCC Vaishnav Jyak Prashikshan was conducted at Career Point University Hamirpur. Dr. Akriti Sharma, the Superintendent of Hamirpur Police, graced the event as the chief guest. Dr. Akriti Sharma urged the cadets to collaborate with the police department in curbing the menace of substances such as marijuana, opium, and other narcotics. Furthermore, she emphasized the need for empowering of women and encouraged female cadets to raise their voices against any form of harassment. The 6th day witnessed candidates gaining insights into diverse activities, including Sector Battle Drills, Conventional Signaling, and Weapon Training



Courses. An Associate NCC Officer (ANO) conducted a lecture on the structure of the NCC. ANOs Ajay and Rohit Gupta motivated and encouraged the children, playing a pivotal role in boosting their confidence. ANOs Ajay and Rohit Gupta motivated and encouraged the children and boost their confidence.



6. Bharat Scouts and Guides :

On June 19th, 2023, the Bharat Scout and Guide Training Center orchestrated a fundamental course for Camp Instructors in Pachmarhi, Madhya Pradesh. A total of 20 Camp Instructors from across India actively engaged in this training initiative. Dr. Manu Vineet Sharma, a member of the Career Point University faculty, earned the distinction of being selected as a Camp Instructor for the ranger role in the Himachal region by the State Chief Commissioner. In her accomplishment, Dr. Manu Vineet Sharma expressed gratitude towards Career Point University's esteemed Vice Chancellor, Dr. Sanjeev Sharma, and the State Chief Commissioner for roles in her selection.

7. Yoga Day :

On June 21st, 2023, Career Point University's Department of Ayurveda, Yoga, and Naturopathy, guided by Dr. Ram Avatar (Traditional Yoga Guru), proudly announced a collaborative effort with esteemed institutions such as the Morarji Desai National Institute of Yoga, Ministry of AYUSH (Government of India), Ekal Yoga Arogya Yojana, Prem Sukh International Charitable Trust, and others. Together, they organized a comprehensive Yoga and Traditional Medicine Training Program spanning from May 20th to June 21st, 2023. Throughout this one-month program, accomplished leaders from various institutions were entitled keynote speakers. Eminent individuals including Mr. Akhil Gupta from the National Bharat Lok Shiksha Parishad, Mr. Naresh Kumar, President of the Ekal Global Foundation, Dr. Ishwar Bhardwaj, Dean of Dev Sanskriti Vishwavidyalaya, and Dr. Rajendra Prasad Rajan, Associate Secretary of Seva Nivrit, have delivered enlightening



lectures. This collaborative effort underscores the commitment to promoting yoga and traditional medicine practices.



8. MSME Innovations :

On June 30th, 2023, a notable recognition was bestowed upon Career Point University as both the Himachal Pradesh government and the government of India jointly awarded the university with three innovation centers. The Ministry of Micro, Small and Medium Enterprises (MSME) has granted Career Point University a MSME Innovation Business Incubator. Shedding light on this achievement, Dr. Kuldeep Kumar, the Director of Research and Development, elaborated on the pivotal role of this incubator in fostering and nurturing emerging technological and knowledge-based ventures, creative ideas, and technology-driven entrepreneurship. It's noteworthy that in the region of Himachal Pradesh, Career Point University proudly stands as the pioneering institution to establish these innovation centers, setting a remarkable precedent in the realm of educational and entrepreneurial advancements.

(B) Research & Publications

1. Training at CSIR :

On 12th June 2023, two students of the M.Pharm from Pharmacy Department of Career Point University, Kusum Parmar and Neha Thakur, have been selected for one year research training at CSIR-Institute of Himalayan Bioresource Technology (IHBT), Palampur, Himachal Pradesh. CSIR-IHBT Palampur is the only national laboratory in Himachal Pradesh dedicated to scientific



and industrial research, focusing on the conservation and utilization of Himalayan biodiversity. It covers various aspects related to the history, origin, and techniques of

collection, utilization, testing, and preservation of medicinal and aromatic resources. These students were working under the guidance of Dr. Kamaljeet at the university.

2. Patent Published :

On June 13th, 2023, a significant milestone was achieved by students from Career Point University, Himachal Pradesh. Specifically, Jitendra, Naveen, and Pallavi, guided by Dr. Anjana, Dr. Kamaljeet, and Assistant Professor Kiran Thakur, have been granted a patent for their remarkable accomplishment. Their dedication and guidance have led them to create a medicine derived from the extract of *Bergenia Ciliata*, which holds potential for addressing ailments like Diabetes and high blood pressure.

In this pursuit of excellence, Career Point University is positioning itself as a trailblazer in the realms of education, research, and innovation. The University's administration extends heartfelt congratulations to Jitendra, Naveen, Pallavi, the Pharmacy Department, and the Pioneer Incubator for this remarkable achievement. Gratitude is also expressed to the Patent Office of the Government of India for their role in making this accomplishment possible.

(C) Achievements

1. Qualified JEE Entrance Examination :

On 15th June 2023, Isha Atri, a student of the Physics Department at Career Point University, Hamirpur has successfully cleared the IIT-JEE entrance examination. The IIT-JEE is a highly competitive national-level exam conducted on a rational basis by the Indian Institutes of Technology (IITs) and Indian Institutes of Science (IISc). Isha Atri's achievement sets inspiring examples not only for herself but also for others.



2. Qualified GATE Exam :

On 22nd June 2023, Rahul Sharma, student of Career Point University, has cracked the national level GATE examination. Rahul Sharma selected for Sant Longowal Institute of Engineering and Technology (SLIET) Longowal for Ph.D. in which the Scholarship will also be available. Dr. Raksha Chandel, Head of Mathematics Department mentioned that they provide students with comprehensive guidance for competitive exams including SET/NET/GATE to ensure their success.



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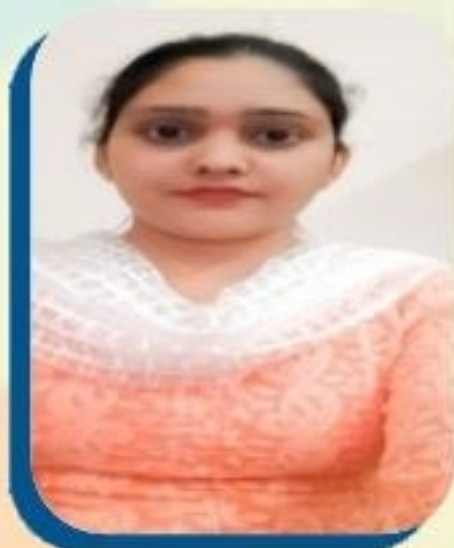
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AWARDS



APPROVALS

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